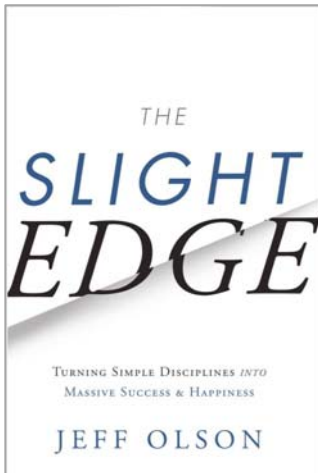




Biz Books AND Breakfast



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The Slight Edge, by Jeff Olson

BOOK SUMMARY

The *Slight Edge* is a way of thinking that enables you to make the daily Choices that will lead you to the success and happiness you desire.

KEY POINTS

- Your life philosophy affects everything in your life. It affects your attitudes, which affects your thoughts, which turn into actions, which turn into results.
- Many things happen in our lives quietly in the background. Those things don't make any big noise or buzz about themselves – until someday the results are visible.
- The Slight Edge is about making decisions – the small ones. They are easy to do, but also very *easy* not to do. However, those small decisions will eventually become life-changers.
- Do you decide to wake up earlier each morning and do some report writing, blog posting or article marketing or do you just decide to stay in bed? It is a small decision to make, but decisions like that can have huge impacts later in your life.
- The reality is that none of these choices will dramatically change our lives that day or that week. However, compounded over months and years, these are the choices that will determine if we achieve our true goals or face disappointment.
- It's the relatively simple choices that we make every day that makes the huge difference.